



# TRACK & FIELD

Saturday, August 3

---

## SPORTS TECHNICAL OFFICERS

Jill Kennedy (field events), Andy Marsh (track events), John Greathouse (referee)

## SCHEDULE

- 9:45 am-10:15 am .....Check-in for morning open/masters track events and futures/  
juniors field events at the track barn at Ralph Young Field
- 10:30 am.....Start of morning events
- 1:00 pm-1:30 pm.....Check-in for afternoon junior/futures track events and open/  
masters field events at the track barn at Ralph Young Field
- 2:00 pm .....Start of afternoon events
- To be determined.....Start and location of the wheelchair slalom event

## WARM-UP

Athletes may warm-up on the competition areas of the track and field prior to the start of the morning and afternoon sessions. The far side of the track may be used for warm-up at all times except during the 4 x 100m relay events. There is ample area to practice throwing events; but athletes must obey instructions of safety monitors.

## LOCATION

Individual and relay running events and the wheelchair slalom will be conducted at Ralph Young Stadium. Field events will be conducted at both Ralph Young Stadium and Munn Field.

## RULES

### Track Events:

- IDAF rules (<http://www.2013WorldDwarfGames.org/PDF/Rules.pdf>) will be observed. Athletes, coaches, and chefs de mission should be familiar with Chapters 1 through 3 and Chapter 15 of the IDAF rule book.
- Athletes may enter a maximum of three individual events and one relay.
- Per IDAF rules, males and females from different ages and classifications may be seeded together for efficiency; however, separate results and awards will be maintained.
- Consult the IDAF rule book for the 4 x 20m, 4 x 40m, and 4 x 60m shuttle relay rules. Note that there is no baton exchange, and each relay team is assigned to two adjacent lanes of the track.
- The wheelchair slalom event is intended for athletes who use a wheelchair or scooter for most activities of daily living.

- Spectators and coaches are not allowed on the field of play (track area).
- All races will be finals, there will be no preliminary heats.

**Field Events:**

- IDAF rules (<http://www.2013WorldDwarfGames.org/PDF/Rules.pdf>) will be observed. Athletes, coaches, and chefs de mission should be familiar with Chapters 1 through 3 and Part 16 of the IDAF rule book.
- Athletes in the Futures, Juniors, and Masters Divisions will complete three throws for each event entered, with the longest legal throw serving as the athlete's score for that event. Athletes in the Open Division will complete three throws in the preliminary flights. The top eight athletes in each Open Division event will complete another three throws in the championship flight, with the longest legal throw serving as the athlete's score for that event.
- Spectators and coaches must remain in the designated area.

**MORNING EVENTS: *Track for Open and Masters Divisions***

#	Sex	Event	Age Division	Athletes	Heats/ Flights
32	Men	100m Dash	Open (any age)	48	6
33	Women	100m Dash	Open (any age)	21	3
34	Men	100m Dash	Masters (35+)	5	1
35	Women	100m Dash	Masters (35+)	3	1
36	Men	200m Dash	Open (any age)	38	5
37	Women	200m Dash	Open (any age)	15	2
38	Men	200m Dash	Masters (35+)	4	1
39	Women	200m Dash	Masters (35+)	1	1
40	Men	4 x 100m Relay	Open (any age)	0	3
41	Women	4 x 100m Relay	Open (any age)	0	3
42	Men	4 x 100m Relay	Masters (35+)	0	3
43	Women	4 x 100m Relay	Masters (35+)	0	3
73	Mixed	Wheelchair Slalom	Masters (35+)	1	

**MORNING EVENTS: *Field for Futures and Juniors Divisions***

#	Sex	Event	Age Division	Athletes	Heats/ Flights
44	Boys	Flippy Flyer	Futures (6 & U)	4	1
58	Boys	Tennis Ball	Futures (6 & U)	5	1
45	Girls	Flippy Flyer	Futures (6 & U)	3	1
59	Girls	Tennis Ball	Futures (6 & U)	2	1
46	Boys	Frisbee	Junior 7-9	9	1
60	Boys	Tennis Ball	Junior 7-9	11	1
47	Girls	Frisbee	Junior 7-9	8	1
61	Girls	Tennis Ball	Junior 7-9	9	1
48	Boys	Frisbee	Junior 10-12	22	2
62	Boys	Cricket Ball	Junior 10-12	21	2
49	Girls	Frisbee	Junior 10-12	6	1
63	Girls	Cricket Ball	Junior 10-12	6	1
50	Boys	Discus - 500g	Junior 10-12	22	2
54	Boys	Javelin - 270g	Junior 10-12	16	2
64	Boys	Shot Put - 2.72kg	Junior 10-12	21	2
51	Girls	Discus - 500g	Junior 10-12	5	1
55	Girls	Javelin - 270g	Junior 10-12	6	1
65	Girls	Shot Put - 2kg	Junior 10-12	7	1
52	Boys	Discus - 1kg	Junior 13-15	13	1
56	Boys	Javelin - 400g	Junior 13-15	11	1
66	Boys	Shot Put - 3kg	Junior 13-15	11	1
53	Girls	Discus - 750g	Junior 13-15	6	1
57	Girls	Javelin - 400g	Junior 13-15	6	1
67	Girls	Shot Put - 2kg	Junior 13-15	6	1

**AFTERNOON EVENTS: *Track for Futures and Juniors Divisions***

#	Sex	Event	Age Division	Athletes	Heats/ Flights
1	Boys	15m Dash	Futures (6 & U)	4	1
2	Girls	15m Dash	Futures (6 & U)	3	1
3	Boys	20m Dash	Junior 7-9	11	2
4	Girls	20m Dash	Junior 7-9	9	2
5	Boys	40m Dash	Junior 10-12	20	3
6	Girls	40m Dash	Junior 10-12	6	1
7	Boys	60m Dash	Junior 13-15	15	2
8	Girls	60m Dash	Junior 13-15	7	1
9	Boys	20m Dash	Futures (6 & U)	3	1
10	Girls	20m Dash	Futures (6 & U)	0	0
11	Boys	40m Dash	Junior 7-9	10	2
12	Girls	40m Dash	Junior 7-9	9	2
13	Boys	60m Dash	Junior 10-12	17	3

14	Girls	60m Dash	Junior 10-12	5	1
15	Boys	100m Dash	Junior 13-15	16	2
16	Girls	100m Dash	Junior 13-15	7	1
17	Mixed	4 x 20m Relay	Junior 9 & under	0	3
18	Mixed	4 x 40m Relay	Junior 10-12	0	3
19	Mixed	4 x 60m Relay	Junior 13-13	0	3

### **AFTERNOON EVENTS: *Field for Open and Masters Divisions***

#	Sex	Event	Age Division	Athletes	Heats/ Flights
22	Men	Discus - 1kg	Masters (35+)	5	1
26	Men	Javelin - 600g	Masters (35+)	6	1
30	Men	Shot Put - 4kg	Masters (35+)	5	1
20	Men	Discus - 1kg	Open (any age)	37	4
24	Men	Javelin - 600g	Open (any age)	40	4
28	Men	Shot Put - 4kg	Open (any age)	42	4
23	Women	Discus - 750g	Masters (35+)	10	1
27	Women	Javelin - 400g	Masters (35+)	8	1
31	Women	Shot Put - 3kg	Masters (35+)	10	2
21	Women	Discus - 750g	Open (any age)	16	3
25	Women	Javelin - 400g	Open (any age)	10	2
29	Women	Shot Put - 3kg	Open (any age)	14	2

### **EQUIPMENT/WEIGHTS AND MEASURES**

The competition host will provide approved implements for use during the field events. Athletes who wish to use personal equipment must bring their throwing implements to the coach meeting at 9 pm on Friday August 2 for weights and measures. Personal equipment must be labeled with the athlete's name. Personal equipment will be returned to athletes at the start of field event warm-up period on August 3.

### **HOW TO ENTER TRACK RELAYS**

Coaches will enter relay teams using relay cards received at the coach meetings on Friday August 2 at 9pm. Relay cards must be submitted no later than 11:00 am on Saturday August 3, at the track barn on Ralph Young Field. If you do not have a chef de mission or head track coach, one member of the relay team should be responsible for submitting the relay cards.

### **START LISTS AND CHECK-IN**

***Preliminary start lists.*** Preliminary start lists showing the athletes entered in each event will be sent to chefs de mission prior to the games and will be posted at Athlete Village.

***Track and field check-in:***

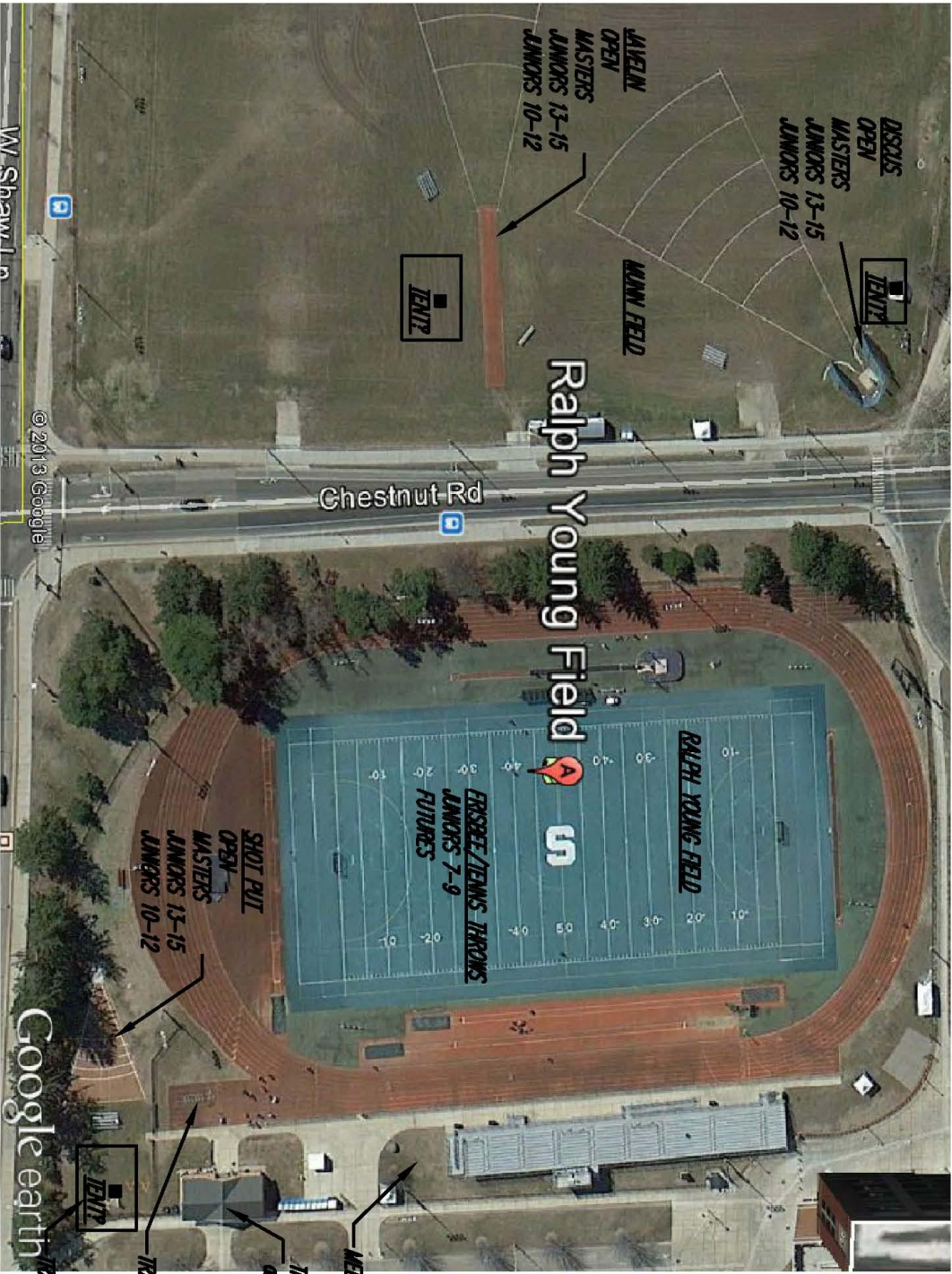
- ***Credentials.*** Athletes must wear their World Dwarf Games credentials when reporting to check-in. Competitor numbers must be pinned to the chest area of athletes' uniforms at check-in and for the duration of the track & field competition.
- ***Check-in.*** Athletes who have not checked-in by 10:20 am for morning events or 1:30 pm for afternoon events may be dropped from their events. Athletes may drop events at check-in, but may not add events.

***Reporting for events.*** Track athletes must report to the check-in/staging area at least 10 minutes prior to event start. All four members of a relay team must report together for staging. Field athletes must report to the pit area at least 15 minutes prior to the event start.

***Final start lists.*** Final start lists showing heat and lane assignments (individual track events), flight assignments and throwing order (field events), and competition order (wheelchair slalom) will be available to chefs de mission or head coaches at the 9pm coach meeting on August 2. Copies will also be posted around the track and field areas. Heat and lane assignments for relay teams will be at staging immediately prior to the start of the event.

**RESULTS AND AWARDS**

Results will be posted on the 2013 World Dwarf Games web site, posted at Athlete Village, and distributed to chefs de mission in their Athlete Village mailboxes. Awards for field events and track events will be presented at Ralph Young Stadium. At awards presentations, athletes are expected to wear the uniforms designated by their nations' dwarf sports organizations. Awards will be presented at the south end of the Ralph Young Field bleachers soon after an age division has finished their morning or afternoon events.



Ralph Young Field

Chestnut Rd

Google earth

© 2013 Google

W. Shaw Ln

TENT?

TENT?

TENT?

MEDAL PODIUM?

Track Barn  
aka Taj

TRACK STAGING ?

TRACK CALL TENT ?

DISCS  
OPEN  
MASTERS  
JUNIORS 13-15  
JUNIORS 10-12

MINI FIELD

JAVELIN  
OPEN  
MASTERS  
JUNIORS 13-15  
JUNIORS 10-12

SHOT PUT  
OPEN  
MASTERS  
JUNIORS 13-15  
JUNIORS 10-12

FRISBEE/TENNIS THROWS  
JUNIORS 7-9  
FUTURES

RALPH YOUNG FIELD

50