

## PARALYMPIAN



Russia

### **Tamara Podpalnaya, Russia, Powerlifting**

2004 – Gold - Women's Up to 52 kg

2008 – Silver - Women's Up to 52 kg

2012 – Silver - Women's Up to 52 kg

Dwarf athletes have represented many countries at recent Paralympic Games:  
1988 Seoul Korea, 1992 Barcelona Spain, 1996 Atlanta USA, 2000 Sydney Australia,  
2004 Athens Greece, 2008 Beijing China, and 2012 London England.