

IDAF ATHLETE CLASSIFICATION FORM

Athlete's Name: _____

Date of Birth: Month _____ Day _____ Year _____

Gender: _____ Male₀₁ _____ Female₀₂

Athlete's Country: _____

Medical Issues that may affect classification: _____

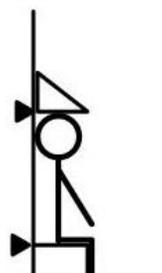
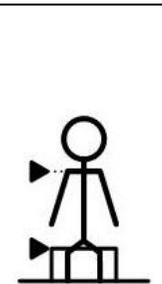
Type of Dwarfism (check):

- []₀₁ Achondroplasia
- []₀₂ Cartilage hair hypoplasia
- []₀₃ Diastrophic dysplasia
- []₀₄ Hypoachondroplasia
- []₀₅ Morquio
- []₀₆ OI - Osteogenesis imperfecta
- []₀₇ Primordial dwarfism
- []₀₈ Pseudoachondroplasia
- []₀₉ SEDc - Spondyloepipheseal dysplasia congenita
- []₁₀ SEDt - Spondyloepipheseal dysplasia tarda
- [] Other (specify): _____

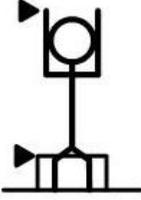
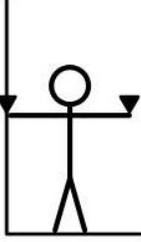
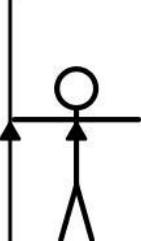
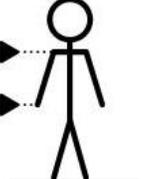
MEASUREMENTS

INSTRUCTIONS:

- Measurements must be conducted by an adult. That person should be at eye-level for each measurement.
- Measure to the nearest half centimeter. Measurements must be reported using the metric system.
- The data that you submit will help the International Dwarf Athletic Federation to refine the classification system. Thank you for your cooperation.

<p>STANDING HEIGHT</p> <p>_____ . _____ cm</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Bare feet. No shoes or stockings. 2. Stand tall with back to the wall, head erect, shoulders back, and feet together. 3. Place a book or carpenter's square (something with a right angle) with one side against the wall and another side atop the head. 4. Mark the wall at the point corresponding to the top of the head. 5. Measure from the floor to the wall marking.
<p>SITTING HEIGHT</p> <p>_____ . _____ cm</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Place a bench or stool with a flat, level sitting surface against a wall. 2. Mark the height of the bench or stool on the wall. 3. Sit tall on the bench with back to the wall, head erect, and shoulders back. 4. Place a book or carpenter's square (something with a right angle) with one side against the wall and another side atop the head. 5. Mark the wall at the point corresponding to the top of the head. 6. Measure between the two markings.
<p>SHOULDER HEIGHT</p> <p>_____ . _____ cm right side</p> <p>_____ . _____ cm left side</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Place a bench or stool with a flat, level sitting surface against a wall. 2. Mark the height of the bench or stool on the wall. 3. Sit tall on the bench with back to the wall, head erect, and shoulders back. 4. Place a book or carpenter's square (something with a right angle) with one side against the wall and another side atop one of the athlete's shoulders. 5. Mark the wall at the point corresponding to the top of the shoulder. 6. Measure between the two markings.

Athlete Classification Information (cont.)

<p>SITTING VERTICAL REACH</p> <p>_____ cm right arm</p> <p>_____ cm left arm</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Place a bench or stool with a flat, level sitting surface against a wall. 2. Mark the height of the bench or stool on the wall. 3. Sit tall on the bench with back to the wall, head erect, and shoulders back, and both arms raised as far as possible over the same side shoulder. 4. Place a book or carpenter's square (something with a right angle) with one side against the wall and another side atop the fingertip with the highest reach. 5. Mark the wall at the point corresponding to the top of the fingertip. 6. Measure between the two markings. 7. Repeat for the other arm.
<p>ARM SPAN</p> <p>_____ cm</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Wear a thin, sleeveless shirt. 2. Stand in a corner of the room, with back to one wall, feet about shoulder width apart, and the fingertips of one hand touching a perpendicular side wall. 3. Stand tall with head erect, shoulders back, both arms raised to a horizontal position, hands at same level as shoulders, and thumbs up. 4. Reach as far as possible from the fingertips of the right hand to the fingertips of the left hand. 5. Mark the farthest reach on the back wall. 6. Measure between the side wall and the farthest reach marking.
<p>HALF ARM SPAN</p> <p>_____ cm right arm</p> <p>_____ cm left arm</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Wear a thin, sleeveless shirt. 2. Stand in a corner of the room, with back to one wall, feet about shoulder width apart, and the fingertips of one hand touching a perpendicular side wall. 3. Stand tall with head erect, shoulders back, both arms raised to a horizontal position, hands at same level as shoulders, and thumbs up. 4. Reach as far as possible from the fingertips of the right hand to the fingertips of the left hand. 5. Mark the farthest reach on the back wall. 6. Measure from the side wall to the sternal notch (the dent at the top of the breastbone). 7. Repeat for the other arm.
<p>ARM LENGTH</p> <p>_____ cm right arm</p> <p>_____ cm left arm</p>		<p>Instructions:</p> <ol style="list-style-type: none"> 1. Wear a thin, sleeveless shirt. 2. Stand with arm a few centimeters/inches away from the body torso. 3. Straighten the arm as far as possible. 4. Both the athlete and the person doing the measurement should feel around to find the bony tip of the shoulder (the acromion process). Make a small mark on the skin at that point. 5. Measure from the mark to the tip of the longest finger. 6. Repeat for the other arm.
<p>HEAD CIRCUMFERENCE</p> <p>_____ cm</p>		<p>Athlete:</p> <ul style="list-style-type: none"> • Bare feet. No shoes or stockings. • Stand tall, head erect, shoulders back, feet shoulder width apart. <p>Measurement:</p> <ul style="list-style-type: none"> • Hold zero point of tape above one ear. • Stretch tape around head to starting point. • Measure circumference of head.