

## PART 11: SHOOTING TECHNICAL RULES

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### 11.1 ELIGIBILITY

**11.1.1 Age divisions.** Shooting may be offered in the Junior B (12-15 years), Open (any age), and Masters (35 years and older) Divisions. Shooters who choose to compete in the Open Division may not also compete in the Junior B or Masters Divisions.

**11.1.2 Sex divisions.** The competition host may decide whether male and female athletes compete in the same events or in separate divisions.

**11.1.3 Classifications.** There are no IDAF classifications for shooting.

**11.2 EVENTS.** The only event is the individual 10 meter air pistol.

**11.3 RULES.** IDAF shooting rules and safety procedures have been adapted from ISSF (International Shooting Sport Federation) rules (<http://www.issf-sports.org/theissf/rules.ashx>) and from the United States National Rifle Association (<http://www.nra.org>).

#### 11.3.1 Safe gun handling

- Always keep the gun pointed in a safe direction.
- Always keep your finger off the trigger until ready to shoot.
- Always keep the gun unloaded until ready to use.

#### 11.3.2 Range safety rules

- Know your target and what is beyond; make sure the downrange area is unoccupied.
- Be sure the gun is safe to operate.
- Know how to use the gun.
- Use only the correct ammunition for your gun.
- Wear eye and ear protection as appropriate.
- Never use alcohol or drugs before or while shooting.
- Unattended guns should not be accessible to unauthorized persons.

#### 11.3.3 Range commands

- "Take your position at the firing line." Shooters may move their equipment to the firing line.
- "Load." Shooters may remove the empty chamber indicator (ECI) and load their firearms.
- "Commence firing" or "Start." Shooters may begin or resume firing.
- "Ceasefire" or "Stop." Stop everything and await further instruction from the Range Safety Officer. The ceasefire command can be given by anyone observing an unsafe situation.
- "Make the line safe." All firearms shall be made safe and placed on the bench or floor. Once the firearm has been made safe, all shooters shall step back behind the ready line and await further instruction from the Range Safety Officer.

**11.3.4 Preparation time.** Shooters must be given 10 minutes before the competition starts to make their final preparations. During this time shooters may handle their guns, dry fire, care out holding and aiming exercises on the firing line providing there are no

personnel forward of the firing points. They may also fire shots at sighting targets during the preparation time.

### **11.3.5 Course of fire**

**11.3.5.1 Number of shooters per lane.** One shooter shall be assigned to each shooting lane.

**11.3.5.2 Shooting position.** In IDAF competitions shooters may choose a standing or sitting position, a one-hand or two-hand grip, and whether to use equipment supports. Shooters who choose a sitting position may use either chairs provided by the competition host or personal wheelchairs or scooters. Use of a sitting position, two-hand grip, and equipment supports will be considered as disability accommodations for persons who are unable to shoot with a one-hand grip from a standing position, and shall not require separate competition divisions.

**11.3.5.3 Time limit.** Competition will consist of 20 shots distributed 5 shots each at 4 targets. All shots must be completed within a 40 minute time period beginning at the "Commence Firing" command and ending with the "Ceasefire" command. One relay of shooters shall complete their shots before another relay of shooters begins competition. Automatic timing equipment may be used if available.

#### **11.3.5.4 Shots on target**

**11.3.5.4.1 Recorded shots.** Every shot fired after the "Commence Firing" command must be recorded for the competition.

**11.3.5.4.2 Misses.** Shots at the sighting target fired after the "Commence Firing" command must be scored as misses in the competition.

**11.3.5.4.3 Early shots.** Shots fired before the "Commence Firing" command incur a penalty of 2 points.

**11.3.5.4.4 Late shots.** Shots fired after the "Ceasefire" command are counted as misses, unless the Chief Range Officer has authorized extra time. If a late shot cannot be identified, such a shot must be nullified by deducting the highest value shot from the target.

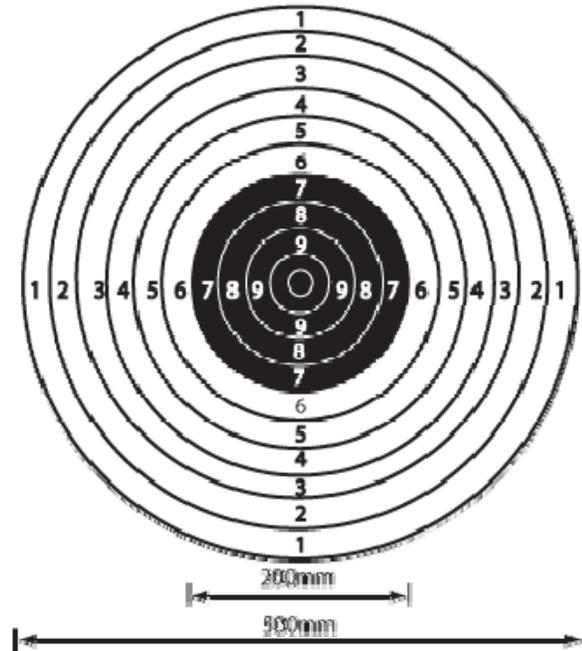
**11.3.5.5 Loading the pistol.** Pistols may only be loaded with one pellet at a time.

**11.3.5.6 Warnings and penalties.** A shooter may incur a warning or penalty for releasing the propelling charge during the preparation or shooting time, or if the pistol is loaded with more than one pellet. Questions about these concerns should be directed to the Range Officer.

**11.3.5.7 Questions.** Questions related to equipment malfunctions, unexpected medical problems, or other unexpected problems shall be directed to either the Range Safety Officer or the Tournament Director/Referee.

### 11.3.6 Scoring

**11.3.6.1 Value of shots.** 10m air pistol targets have 11 concentric rings. The point values associated with the outer 10 rings are 1, 2, 3, etc., from the outermost ring toward the center. The two innermost rings are valued at 10 points. Shots that land in the center ring, also called "X," are used to break ties.



**11.3.6.2 Scoring.** All bullet holes are scored according to the highest value of the target scoring zone or ring that is touched by that bullet hole. If any part of a scoring ring (demarcation line between the scoring zones) is touched by the bullet, the shot must be scored the higher value of the two scoring zones.

**11.3.6.3 Responsibility for scoring.** Tournament officials shall collect and score targets after each relay of shooters has completed their shots.

**11.3.6.4 Finish places.** Finish places will be determined by point totals. The cumulative number of shots in the center "X" circle will be the tie-breaker.

## 11.4 COMPETITION PROCEDURES

**11.4.1 Practice opportunities.** Players shall have a minimum of 10 minutes pre-event warm-up/practice on the competition shooting lanes. The competition host shall determine the schedule and location of additional practice time opportunities.

**11.4.2 Check-in procedures.** The competition host shall determine check-in procedures. Shooters who plan to use personally-owned shooting equipment must present that equipment for inspection at check-in.

**11.4.3 Safety briefing.** Either the host facility or the tournament officials shall conduct a mandatory safety briefing prior to a shooting competition. Required topics include the safety procedures, range commands, and instructions for safe use of shooting equipment.

**11.4.4 Awards.** At the discretion of the competition host, when sex divisions are combined, separate awards may be presented to players in the different divisions (e.g., when males and females compete in the same event, awards may be presented to the highest ranking male and highest ranking female players).

## 11.5 FACILITIES

**11.5.1 Firing ranges** shall satisfy these criteria.

**11.5.1.1 Firing points.** The firing range shall have a minimum of 8 indoor firing points, with each firing point a minimum of 1m wide.

**11.5.1.2 Shooting lane dimensions.** The shooting distance must be measured from the firing line to the target face. The center of the target shall be 1.4m above the floor.

**11.5.1.3 Shooting lane numbers.** Target frames or mechanisms must be marked with numbers corresponding to firing point numbers.

**11.5.1.4 Officials.** Sufficient space behind the firing points for officials to perform their duties.

**11.5.1.5 Clocks.** One or more clocks must be clearly visible to shooters and officials. Multiple clocks must be synchronized to show the same time.

**11.5.1.6 Spectator area.** Spectator areas must be located behind a suitable barrier at least 5m behind the firing line.

**11.5.2 Sound-reducing devices** such as ear muffs may be used.

**11.5.3 Sound-producing devices** such as mobile telephones, walkie-talkies, pagers, radios, music players, or similar devices are prohibited within the competition area. All mobile telephones etc. must be switched off.

**11.5.4 Flash photography** is prohibited until all competition is completed.

## 11.6 EQUIPMENT

**11.6.1 Air pistols.** Athletes shall use 10m air pistols.

**11.6.1.1 Air pistol specifications.** The exact equipment specifications (e.g., caliber, trigger weight) shall be determined by the competition host with consideration given to the hand size of dwarf athlete and the availability of air pistols at the host facility. Athletes shall be notified about air pistol specifications in the entry information provided for the competition.



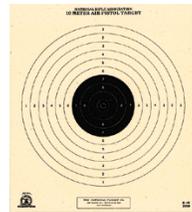
**11.6.1.2 Personally-owned equipment.** If personally-owned equipment is permitted, that equipment must be presented for inspection at check-in to ensure that technical equipment requirements are satisfied.

**11.6.1.3 Unfair advantage.** Any gun, device, equipment, accessory, etc., which may give a shooter an unfair advantage over others is prohibited.

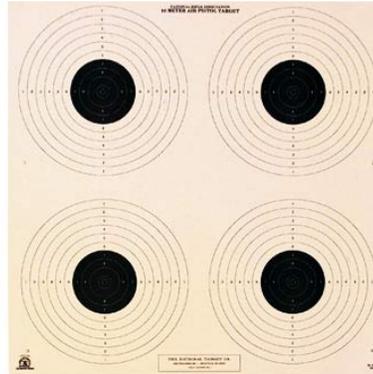
## 11.6.2 Officiating equipment

**11.6.2.1 Targets.** 10-meter air pistol targets will be used. The competition target has four bulls-eyes on a single sheet. Sighter targets have a single bulls-eye.

**11.6.2.2 Target changer.** Although manually-operated target changing devices are acceptable, electronic target/scoring systems are preferred for IDAF shooting competitions.



*Sighter Target*



*Competition Target*

**11.7 UNIFORMS.** Players may dress in any comfortable clothing (e.g., t-shirt and shorts). Closed-toe shoes are required. Safety glasses are required.

## 11.8 OFFICIALS

**11.8.1 Minimum number of officials.** Shooting competitions at IDAF events shall be officiated by a minimum of one Range Safety Officer, one Tournament Director/Referee, and one Register Keeper. The competition host may assign shooting assistants to assist athletes as needed.

**11.8.2 Qualifications of officials.** The Range Safety Officer shall be certified by the national governing body for shooting in the nation where the competition is held. The Tournament Director/Referee and Register Keeper must have prior experience at those positions, but are not required to have certification.

**11.8.3 Officials' uniforms.** Officials and shooting assistants shall wear either a uniform provided by the competition host or the customary uniform of the official's home country.

**11.8.4 Officials briefings.** A pre-competition briefing for officials shall include discussion of competition procedures, safety procedures, the facility emergency action plan, and information about dwarf athletes.

## PART 12: SOCCER TECHNICAL RULES

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### 12.1 ELIGIBILITY

**12.1.1 Age divisions.** Soccer may be offered in the Futures (6 years and younger), Junior A (7-11 years), Junior B (12-15 years), Open (any age), and Masters (35 years and